

## CURRICULUM VITAE

**Dr. TARUBHI AGARWAL**

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**CAREER OBJECTIVE:** A credible, effective and efficient Assistant Professor with proven expertise in conveying knowledge, responsible for delivering lectures, grading papers and ; in- charge of delivering quality instructions and lectures, ensuring student satisfaction; has a good and strong communications and interaction skills.

### **ACADEMIC BACKGROUND**

<b>Examination</b>	<b>University/Board</b>	<b>Passing year</b>	<b>Percentage</b>	<b>Class</b>
Ph.D. (Home Science)	Delhi University	2024	AWARDED	
M.Ed.	C.C. S.	2014	80%	First
B.Ed.	T.M.U.	2013	83.45%	First
M.Sc.(Food & Nutrition)	T.M.U.	2012	86.45%	First
B.Sc. (Home science)	M.J.P.R.U.	2010	78%	First
Higher senior secondary	C.B.S.E.	2007	70%	First
Secondary	C.B.S.E.	2005	51%	Second

### **EXTRA QUALIFICATION:**

- ❖ **UGC-NET JRF JUNE 2015 (HOME SCIENCE).**
- ❖ **UGC-NET 2019 (EDUCATION).**
- ❖ Post Graduate Diploma in Autism, 26<sup>th</sup> December, 2019.
- ❖ Post graduate diploma in Food Safety and Quality Management (IGNOU) 2017.
- ❖ Diploma in Nutrition and Health education (IGNOU) December 2012.
- ❖ Diploma in Clinical and Nutrition Dietetics (UPRTOU) June 2012.
- ❖ Uttar Pradesh combined eligibility test Ph.D. 2012 in Home Science.

### **INTERNSHIP:**

- ❖ Fifteen days (12/06/2021 to 30/06/2021) internship on Nutrition and Dietpreneurship by Periyar University.
- ❖ Internship in Forties Vivekananda hospital as a Dietitian from 12/07/2011 to 11/08/2011.

### **ACHIEVEMENTS:**

- ❖ Gold medal in M.Sc. (Food & Nutrition) 2012 (TMU).

- ❖ Gold medal in B.Ed. 2013 (TMU).

### **CERTIFICATE OF APPRECIATION:**

- ❖ For empowering parents of children with disability as a counsellor on various aspects of Nutrition.
- ❖ For creating awareness (1<sup>st</sup> June -15<sup>th</sup> June, 2019) in communities and health facilities under Poshan Abhiyaan (NCEARD).
- ❖ For giving contribution under Poshan Abhiyaan (NCEARD) on PMSMA day on 10<sup>th</sup> June,2019.

### **WORKSHOP/SEMINAR /WEBINAR ATTENDED:**

- ❖ Webinar on “New PQDT Global & Citation Connection: Ideating your Review of Literature with New Insight” on 14<sup>th</sup> July, 2022, University of Delhi in collaboration with ProQUEST, part of Clarivate.
- ❖ Webinar on “Dietary Diversification: Imperative for attaining good health and immunity” at Lady Irwin College, University of Delhi on 23<sup>rd</sup> July 2020.
- ❖ Workshop on “Maximizing Potential” from January, 29<sup>th</sup>- 31<sup>th</sup> 2020, at National Centre for Autism, New Delhi.
- ❖ Webinar on Nutri – Garden: New Pathways to Address Malnutrition & Role of Civil Society Organization organized by Nutrition Society of India- Delhi Chapter on 29<sup>th</sup> September, 2020.
- ❖ Workshop on “Adolescents on the Autism Spectrum Disorder” (2 days) at Sri Balaji Action Medical Institute.
- ❖ Seminar on “Nursing Theories: A framework for Professional practice” at Teerthanker Mahaveer College of Nursing.
- ❖ Workshop on “Research Methodology and Statistics” at T.M.U. (June 25<sup>th</sup> -29<sup>th</sup>, 2018) at TMU.

- ❖ Workshop on “Research Methodology and Data Analysis using SPSS” from 13-01-2014 to 19-01-2014 at T.M.U.
- ❖ Workshop on “Research Methodology” (A day) at T.M.U.

### **MEMBERSHIP:**

- ❖ Life time membership of IDA (INDIAN DIETETIC ASSOCIATION).
- ❖ Lifetime membership of ICMR, NSI Delhi Chapter.

### **DISSERTATION:**

- ❖ Osteoporosis in late adulthood and consumption of Gingelly Seeds-an Intervention study (as a part of M.Sc.).

### **TRAINING:**

- ❖ Training on Maternal Nutrition (A day) at Department of Food and Nutrition, Lady Irwin College, University of Delhi.
- ❖ Training on 24 Hr- Recall method and Standardization (December, 10<sup>th</sup> -12<sup>th</sup> 2019), at Lady Irwin College, University of Delhi.
- ❖ Capsular course on “Nutritional Assessment Method” (August 26-29, 2019) at Lady Irwin College, University of Delhi.
- ❖ Training in “Food Preservation” from 17-7-2018 to 24-10-2018 (100 days).
- ❖ Participated in training programme “Awareness related to Quality Control and Hygiene” from 25/08/2018 to 26/08/2019.
- ❖ Training in “Dhabha, Fast Food and Restaurant” (August 1-14, 2017).
- ❖ Fifteen days training on “Food Adulteration Analysis” from 26.12.2016 to 09.01.2017 in RFRAC, Lucknow.

### **PAPER PRESENTATION:**

- ❖ Presented a paper in the National Webinar on Research Disability Rehabilitation sponsored by NIEPMD, held on 29<sup>th</sup> December.
- ❖ Presented a paper in the International conference (online), 2022 sponsored by NIEPMD, Chennai incollaboration with Gift Abled Foundation.
- ❖ Webinar on “International Conference on Role of Micronutrients: Immunity & Health” organized by Society for Agriculture & Allied Research (SAAR) on 18<sup>th</sup> -19<sup>th</sup> June, 2021.
- ❖ Presented a paper at the two day (6-7, December) NCTE sponsored National Conference on Learning, at the Department of Education, Lady Irwin College, University of Delhi.

- ❖ Presented a paper in the National Seminar on Mental Health and Social Inclusion of Persons with Intellectual and Developmental Disabilities from November, 29-30 at IHBAS, Delhi.
- ❖ Presented a paper at the International Conference on Learning from 28-30 September 2018, at the Department of Education, Lady Irwin College, University of Delhi.

### **SKILLS:**

- ❖ Excellent interpersonal and teaching skills.
- ❖ Good communication skills, both written and verbal.
- ❖ Ability to understand diverse learning needs of students.
- ❖ Excellent coordinating skills with faculty, administration and students.

### **PAPER SETTER:**

- ❖ Paper setter of Maharishi Markandeshwar Mullana (Deemed University), Ambala for the subject Nutrition of B.Sc. Nursing.

### **RESOURCE PERSON**

- ❖ Delivered lectures on Nutrition and Dietary Intervention for children with Disability virtually, Nellore & Kerala.

### **ORIENTATION/ FDP COURSES**

- ❖ Attended 4 weeks Orientation Programme, JNU, MMTTC.
- ❖ Attended 15 days FDP programme (online) on “Research Methodology,” Guru Angad Dev Teaching Learning Centre.

## **PUBLICATIONS:**

- ❖ A. Tarubhi and A. Neelima. (2022). Mealtime Behaviour in Autism: A case Report. *Indian Journal of Psychiatric Nursing, 19*, 89-91.
- ❖ A. Tarubhi and A. Neelima (2021). A Qualitative study on Mealtime Behaviour of Adolescent with Autism (15-17 years) at different locales in Delhi. *Journal of Interdisciplinary Cycle Research, 13 (2)*, 607-614.
- ❖ A. Tarubhi and A. Neelima (2020). Probiotics: A Therapeutic Tool to Manage the Children with Autism Spectrum Disorder– A Narrative Review based on Literature. *Autism Open Access, 10 (1)*, 1-6.
- ❖ A. Tarubhi and B. Kavita (2020). Osteoporosis Osteoporosis in late adulthood and consumption of Gingelly Seeds-an Intervention study. (Abstract)
- ❖ A. Tarubhi and A. Neelima (2018). Addressing Common Nutritional Behavior among Children with Autism – A Narrative Review based on Literature. *International Journal of Basic and Applied Research, 8 (12)*, 4-17.
- ❖ A. Tarubhi and A. Neelima (2018). General Education Teachers Attitude Towards the Inclusion of Children with Autism in the Mainstream Schools- A systematic Review Based on Literature. *Journal of Emerging Technologies and Innovative Research, 5(9)*, 148-159.
- ❖ A. Tarubhi and N. Hapsi (2018). Importance of Vocational Guidance towards Career Development. *Journal of Emerging Technologies and Innovative Research, 5 (11)*, 310-320.
- ❖ A. Tarubhi and S. Harendra. A Qualitative study on the Teachers Views on the Classroom Freedom and Student Teacher Classroom Interaction, *IERJ, 4 (6)*, 24-27.

**PERSONAL DETAILS:**

Name	Dr. Tarubhi Agarwal
Date of birth	24/12/1989
Nationality	Indian
Languages known	Hindi, English
Marital status	Married

**Declaration:**

I do here by declare that the above furnished details are true to the best of my knowledge and belief.

Date: 30//2024

Place: Moradabad.

(Tarubhi Agarwal)